

# Eucharistic Adoration



## What is Eucharistic Adoration?

This is a quiet time spent in prayer with Jesus present in the Eucharist. A consecrated host is placed in the center of a sacred vessel called a monstrance.

This is an extraordinary way to communicate with the Lord and find inner peace in the midst of everyday life.

Fr. Josh of Ascension Press explains that "Adoration is about imitating God. We want to imitate Jesus. Anytime we spend time with people we become more like the people we hang out with, The more we spend time with Jesus, the more we're going to be like Jesus."

Won't you consider spending time with Jesus?

Tuesday 9 - 5 p.m. in the Church  
First Tuesday of the Month 9 a.m. to 8 p.m.