



Diocese of Superior

Who Youth who have completed 6th—8th grades by Summer 2020
High School Leaders (completed 9-12th grades).
Adult Leaders (21 or older)

When Monday, June 15 - Friday, June 19, 2020 at CrossWoods in Mason.

Cost \$415 total, with \$100 due at pre-registration.

Deadline Sign up through your parish today -- spaces are limited! All pre-registrations and deposits are due with parish registration list by Feb. 15th.

Note: This pre-registration form is for both middle school participant and *High School leaders.
Camp cost is same for both. *St. Bridget will be offsetting the total cost for teen and adult leaders-see Amy)

Extreme Faith Camp

Is an exciting weeklong summer camp for middle school students and high school leaders filled with a ton of activities, including swimming, canoeing, high ropes course, crafts, rock climbing, giant water trampoline, mountain biking, the BLOB, speakers, and music. Plus, small group sessions, service work, daily Mass, Reconciliation and Adoration. You'll find an EXTREME adventure of a lifetime!

Extreme Faith Camp Pre-Registration Form

Participant's Name _____ Grade (for 2019-2020 school year) _____

Guardian Name _____ Parish _____

Cell # (M) _____ /Cell # (D) _____

Email Address _____ / _____

We will be participating in St. Bridget Fundraising to offset our cost.

**Return pre-registration form \$100.00 deposit to: St. Bridget parish Office (Attention Amy Burns)
211 E Division Street, River Falls, Wi54022**

***Deposit is non-refundable but transferable. Full payment can be made immediately if preferred.**

I am submitting full payment of \$415.00 at this time. Check # _____ Date: _____

I am submitting \$100.00 deposit. Check # _____ Date: _____

*Deposit is also required for high school leaders.

Checks can be made out to St. Bridget Church.

Parent/ Guardian Signature: _____



Register Now for EFC:

What To Expect

An exciting summer camp experience! The week will be filled with a ton of activities, including swimming, canoeing, crafts, rock climbing, high ropes course, mountain biking, games, speakers, and music. Add in small group sessions, service opportunities, daily Mass, participation in the Sacrament of Reconciliation and Adoration of the Blessed Sacrament and you'll find an EXTREME week long camp. During the week you will build new friendships with other teens as you find yourself drawing closer to Jesus Christ.

Become a Prayer Team or Extreme Team Member!

High school leaders and adult leaders (**Extreme Team**) are *required* to attend additional training to prepare for Extreme Faith Camp. All leaders must attend the training day on Sunday, May 3rd and arrive at camp a day early for on-site training. High School **TEEN LEADERS** *must* also attend one of the DISCIPLESHIP WEEKEND; March 27-29, 2020 in Rhineland, WI offered by the diocese.

All new high school leaders at the West Side Camp at CrossWoods in Mason serve on our **PRAYER TEAM**. The prayer team does behind the scenes service and receives an incredibly powerful week of training and formation that equips them to be spiritual leaders at camp in the future and in their parishes back home. Prayer team members are strongly encouraged to attend leadership weekends as well.

What is Extreme Faith Camp?

History: Extreme Faith Camp (EFC) was founded in 2001 by a group of youth ministers in Minnesota and was brought to the Diocese of Superior in 2011. Since 2011 EFC has been held on the west side of the diocese at CrossWoods in Mason, WI, located between Hayward and Ashland. In 2015, a second location was added at Crescent Lake Bible Camp in Rhineland on the east side of the diocese. Both camps started small but now fill up very quickly!



*Please note: Youth are required to be at camp the entire week. This helps to foster a sense of community and an atmosphere of continuity. All aspects of our camp experience are a vital part of the week, we don't want you to miss a second! Please **no** late drop-offs or early pick-ups.*

Mission: The mission of EFC is to provide a positive, engaging, authentic, and Catholic experience in which middle school teens can encounter Christ in the sacraments – especially the Eucharist – and in His Body the Church; and to give High School Leaders and chaperones opportunities to lay down their lives and grow in radical discipleship.

Vision: We will do this by constantly refining the experience and working extensively with our leaders beforehand to make sure they are ready to play their all-important roles. We will work together with parish leaders to help them integrate camp into a context of intentional discipleship formation in their local churches.

Chaplains: We are always so blessed to have plenty of priests and deacons at camp!

Musician: Quality worship music is a key part of camp. We hire experienced and talented worship leaders to lead us at Mass, in Adoration and in a number of other settings.



Extreme Faith Camp is a Catholic summer camp for middle school students. It is open to those who have completed 6th—8th grades by the summer of 2020.

CrossWoods Adventure Camp in Mason, Wi June 15-19, 2020

Sample Day (Tuesday @ CrossWoods)

- 7:00 am Polar Bear Plunge
- 7:30 am Leadership Meeting
- 8:00 am Breakfast
- 8:30 am Theme for the Day/Announcements
- 8:45 am Morning Prayer, Personal Prayer & Benediction
- 9:30 am Morning Camp Rotation
- 12:30 pm Lunch 1:30pm Afternoon Camp Rotation
- 3:30 pm Free Time
- 5:00 pm Evening Program
- 5:25 pm Small Groups
- 5:45 pm Supper
- 6:30 pm Reconciliation Skit
- 6:40 pm Reconciliation Talk, Examination of Conscience
- 7:00 pm Teen Testimony
- 7:05 pm Reconciliation with several priests available
- 8:00 pm Mass
- 9:00 pm Night Game
- 10:15 pm Cabin Time

Leadership: Extreme Team: Parish Adult Leaders & Chaperones / Teen Leaders/ Prayer Team

Camp Staff: Both facilities employ well trained, summer-long staff to run the adventures.

Parish Adult Leaders & Chaperones: These folks fill a wide range of responsibilities from sacristans to photographers and security detail at night to small group mentors. Most importantly, they are active participants in every aspect of camp: doing shoulder-to-shoulder relational ministry with the high school leaders and middle school campers.

Extreme Team High School **TEEN LEADERS:** High school leaders are the most important leaders at camp. They set the tone for the campers and mentor them in investing in the camp experience. They are with the campers around the clock, building relationships, guiding, teaching and leading by example.

Prayer Team High Schoolers: First-time high school leaders spend a week doing behind-the-scenes service and receiving intensive training in discipleship and peer leadership. To be an Extreme Team Teen Leader, high schoolers must first spend a summer on the Prayer Team.

The camp is led by an **EXTREME TEAM** of youth ministers, adults and senior high youth from participating parishes. First time high school leaders serve on the **PRAYER TEAM**.

Training Dates for Teen Leaders: High School Leaders Training; DISCIPLESHIP WEEKEND; March 27-29, 2020

Training Dates for Extreme Team: Sunday, May 3, 1 pm to 5 pm @ Rice Lake, Wi,

Camp Dates for Extreme Team: Monday, June 14- Friday, June 19, 2020