

# COMMUNITY RESOURCES NOTEBOOK

The Social Justice Committee has been working on a community resource notebook, designed to help people locate needed help of all kinds. The notebook includes summaries of organizations as varied as sources for food, transportation, clothing, support groups, housing and more. We hope that this notebook will be of help to you and your friends.

The entries are arranged by topic (**Abuse, Aging, Food, General, Health, Mental Health, Miscellaneous, Support Groups, and Transportation**). An index is included.

If there are additions you would like to see, please contact Jeanne Poole, Chair, Social Justice Committee at [jkjp@AOL.com](mailto:jkjp@AOL.com) or 419-704-2678.

Thank you.

## **ABUSE**

### **HOSPITAL PROGRAMS FOR CHANGE**

**Address:** 405 Stageline Road, Hudson, Wisconsin 54016

**Phone Number:** 715-531-6755

**Email Address:**

**Website:** [www.healthpartners.com](http://www.healthpartners.com)

**Hours:** 8:00 a.m. – 9:00 p.m., Monday through Friday

**Staff:**

**Mission:** Alcohol and substance abuse recovery programs.

**Services:** Includes a continuing care program.

January 22, 2024

## **KINNI FALLS ALCOHOL AND DRUG ABUSE SERVICES**

**Address:** 902 South Orange Street, River Falls, Wisconsin 54022

**Phone Number:** 715-426-5950

Fax: 715 426 5941

**Email Address:** [Info@kinnicfalls.org](mailto:Info@kinnicfalls.org)

**Website:** kinnicfalls.org

**Hours:** 8:30 a.m. 4:00 p.m., Monday through Friday  
Intake hours: 7:00 a.m. – 1:00 a.m., Sunday through Saturday

**Staff:** 13 staff members. See website for details.

**Mission:** To provide a caring environment with structure and self-discipline for continued recovery when a client is most vulnerable to relapse.

**Services:** Our program is designed for individuals seeking recovery from alcohol and chemical dependency who have completed treatment at primary care centers and desire supportive rehabilitation services to achieve long-term sobriety.

The facility accomplishes this through a Halfway House residential extended care program. Programs are generally 90 days with an optional extension of six months in a nearby Sober House facility owned by Kinnic Falls.

January 22, 2024

## **AGING**

### **ADULT PROTECTION SERVICES**

**Address:** 414 West Main Street, Ellsworth, Wisconsin

**Phone Number:** 715-273-6780 OR toll free at 1-877-273-080

**Email Address:**

**Website:**

[https://www.co.pierce.wi.us/departmentsaging\\_and\\_disability\\_resource\\_center\\_\(adrc\)/programs\\_support\\_services/adult\\_protection\\_services.php](https://www.co.pierce.wi.us/departmentsaging_and_disability_resource_center_(adrc)/programs_support_services/adult_protection_services.php)

**Hours:** 8:00-4:30. M-F

**Staff:**

**Mission:** The purpose of the Adult Protective Services is to provide protection and advocacy to Pierce County residents who are elderly or adults at risk

**Services:**

**Miscellaneous:** To make a referral after hours call the Northwest Connections Crisis line at 1-888-552-6642

January 17, 2024

## **AGING AND DISABILITIES RESOURCE CENTER OF PIERCE COUNTY (ADRC)**

**Address:** Lower Level, 412 W Kinne St, Ellsworth, WI 54011  
1101 Carmichael Rd, Hudson, Wisconsin 54016

**Phone Number:** (715) 273-6780; 877.273.0804 (Toll Free)  
(715) 381-4360

**Email Address:** [piercdhs@co.pierce.wi.us](mailto:piercdhs@co.pierce.wi.us)

**Website:** [co.pierce.wi.us](http://co.pierce.wi.us)

**Hours:** 8-4:30 Monday-Friday

**Staff:** Morgan Tamminga, ARDC Manager

**Mission:** The mission of the ADRC of Pierce County is to provide older adults and people with physical or developmental/intellectual disabilities the resources needed to live with dignity and security, and achieve maximum independence and quality of life. the goal of the Aging and disability Resource Center is to empower individuals to make informed choices and to streamline access to the right and appropriate services and supports.

**Services:** Office provides a nutrition coordinator; elder benefit specialist, disability benefit specialist, adult protective services, and dementia care specialist.

January 15, 2024

## **AMONG FRIENDS**

**Address:** First Congregational Church, 110 North 3<sup>rd</sup> Street, River Falls, Wisconsin 54022

**Phone Number:** 715-293-2561

**Email Address:** amongfriendsrf@gmail.com

**Website:** [amongfriendsrf.com](http://amongfriendsrf.com))

**Hours:** Tuesdays, 9:00-3:00

### **Staff:**

**Mission:** Among Friends is a safe and fun place for our participants. Evidence from the National Institutes of Health shows that social interaction can delay cognitive decline and improve sleep. An hour of social activity a week is proven to lower rates of agitated behavior and improve quality of life for those living with memory changes. Social isolation is also a concern for caregivers. A few hours of free time can give them opportunities to connect with others and conduct business.

Participants have opportunities to converse and engage with others and enjoy a nutritious lunch and snacks.

**Services:** Program provides gentle movement through chair yoga and indoor and outdoor walks. It provides cognitive and stimulating activities such as flower arranging, cookie baking, creating holiday cards and decorations, balloon volleyball, adapted bowling, visits from animal friends, and games. Musical activities include singalongs, drumming and musical instruments, and guest concerts and performances.

The program benefits caregivers and people facing memory challenges. Respite care provides renewal and relaxation, energy, space, pleasure, perspective and engagement to caregivers. People with memory challenges are provided with opportunities for socialization. Socialization helps them cope with alleviating loneliness, thus slowing the progression of memory decline. It provides mental stimulation during exercise and creative activities. It promotes positive attitudes and greater pleasure in life. It promotes self-confidence, sense of purpose, and independence. Communication and self-expression are encouraged.

We have trained volunteers that gives us the privilege for a one on one with participants

### **Miscellaneous:**

Fees: \$40.00/week. Covers lunch and snacks. If the fee is a challenge, please talk to the program director.

Transportation Issues: Speak to the program director regarding accommodations.

April 11, 2024



## **AREA OFFICE ON AGING – PIERCE COUNTY**

**Address:** ADRC of Pierce County, 411 West Kinne, Ellsworth, Wisconsin 54011

**Phone Number:** 715-273-6780  
877-273-0804 Toll Free  
Fax: 715-273-6863

**Email Address:** piercedhs@co.pierce.wis.us

**Website:**  
[co.pierce.wi.us/departments/aging\\_and\\_disability\\_resource\\_center\\_\(adrc\)/index.php](http://co.pierce.wi.us/departments/aging_and_disability_resource_center_(adrc)/index.php)

**Hours:**

**Staff:**

**Mission:** Provides services to seniors.

**Services:**

January 25, 2024

## **DEMENTIA AWARENESS AND SUPPORT**

**Address:** Lower Level, 412 W Kinne St, Ellsworth, WI 54011

**Phone Number:** 715-273-6780

**Email Address:** [amy.luther@co.pierce.wi.us](mailto:amy.luther@co.pierce.wi.us)

**Website:**

**Hours:** 8:00-4:30, Monday through Friday

**Staff:**

**Mission:**

**Services:**

## **DEMENTIA MATTERS PODCAST**

**Address:**

**Phone Number:**

**Email Address:** [dementiamatters@medicine.wisc.edu](mailto:dementiamatters@medicine.wisc.edu).

**Website:** [www.medicine.wisc.edu/news/new-podcast-alzheimers-disease-research-news-and-caregiving](http://www.medicine.wisc.edu/news/new-podcast-alzheimers-disease-research-news-and-caregiving)

**Hours:** available on the Wisconsin ADRC website and through iTunes, Stitcher, and Google Play. A new podcast will be posted every other Tuesday.

can hear *Dementia Matters* on Fridays at 4 p.m. (CT) and again at 10 p.m. (CT) during the "Science Friday" segment on WMUU Radio, 102.9 FM in Madison, and [streaming online](#).

**Staff:** Nathaniel Chin, Presentor, assistant professor (CHS), Geriatrics and Gerontology  
Wisconsin Alzheimer's Disease Research Center (ADRC)

**Mission:** Educate the general public about Alzheimer's Disease.

**Services:** Dr. Nathaniel Chin interviews leading scientists and caregiving experts to bring listeners the latest in Alzheimer's disease news, research and caregiver resources.

May 16, 2024

**HAVE A HEART**

**Address:** W10356 State Road 29, River Falls, WI 54022

**Phone Number:** 715-425-7754

**Email Address:** [w10356@haveaheartinc.org](mailto:w10356@haveaheartinc.org)

**Website:** [haveaheartinc.org](http://haveaheartinc.org)

**Hours:**

**Staff:**

**Mission:**

**Services:** Adult day center for adults with disabilities (individualized care plans, snacks, and lunch); weekend respite program (currently closed)

January 28, 2024

## **MEMORY CAFES (online/phone only)**

**Address:** YMCA, 2211 Vine Street, Hudson, Wisconsin 54016  
Wellhaven Senior Living, 119 Union Street, River Falls, Wisconsin 54016  
First National Bank, Lower Level, 1151 Canton Street, Prescott, Wisconsin

**Phone Number:** 715.381.4411 (YMCA)  
715-273-6780 (Wellhaven)  
715-262-4676 (Prescott)

**Email Address:** amy.luther@co.pierce.wi.us

**Website:** [Updated Memory Cafe-August 2023.pdf \(revize.com\)](#)

**Hours:** 9:30 – 11:00 AM, 1st Thursday of each month (YMCA)  
10- 11:30 a.m., first Tuesday of each month (Wellhaven)  
10-11:30 a.m., first and third Fridays (Prescott)

**Staff: Contact:** Amy Luther

**Mission:** The Memory Café is a safe, comfortable, and engaging environment for guests to share their memories and build social connections. It is a place where participants can laugh, learn, and share their experiences with others .

**Services:** The Memory Café will feature occasional speakers, educational offerings, and special activities along with regular opportunities for socialization and friendship. Program content will vary based on guests' interests, needs, and concerns. We welcome those with memory loss or other cognitive changes, individuals with mild cognitive impairment, people who are concerned about memory loss, and those interested in staying engaged with others, as well as care partners and family members.

January 18, 2024

## **PROJECT LIFESAVER**

**Address:** RF Equipment, Operations and Training  
815 Battlefield Blvd.  
Chesapeake, Virginia 23322

Project Lifesaver International  
Headquarters and Special Projects Division  
201 SW port St. Lucie Blvd.  
Suite 203  
Port St. Lucie, Florida 34984

**Phone Number:** 877-580-5433

**Email Address:**

**Website:** <https://projectlifesaver.org/>

**Hours:**

**Staff:**

**Mission:** Citizens enrolled in Project Lifesaver wear a small personal transmitter around the wrist or ankle that emits an individualized tracking signal. If an enrolled client goes missing, the caregiver notifies their local Project Lifesaver agency, and a trained emergency team responds to the wanderer's area. Most who wander are found within a few miles from home, and search times have been reduced from hours and days to minutes. Recovery times for PLI clients average 30 minutes — 95% less time than standard operations.

**Services:**

January 18, 2024

## **SYNERGY HOME CARE**

**Address:**

**Phone Number:** 612-256-2214 or 877-432-2692

**Email Address:**

**Website:** SynergyHomeCare.com

**Hours:**

**Staff:**

**Mission:**

**Services:** In home care for bathing and showering; dressing and hygiene assistance; light housekeeping and laundry; transportation and errand services; meal preparation; socializing and conversation; and services designed specifically for veterans and military families. Hospital to home care; memory care; specialized care; disability care; fall and injury prevention; respite care.

No minimum hours required.

March 21, 2024

## **CLOTHING**

### **BASICS FOR LOCAL KIDS**

**Address:** P.O. Box 61, Ellsworth, Wisconsin 54011

**Phone Number:** (715) 821-1623

**Email Address:** [blkids@usfamily.net](mailto:blkids@usfamily.net) **Website:**

**Hours:** Distribution takes place October-January.

**Staff:** Kim Johnson, Director/President

**Mission:** Basics for Local Kids serves kids ages newborn through 18 years old with winter coats, snow pants, boots, hats, and gloves at no cost. Over 3600 western Wisconsin kids have benefited from our service since 2010.

**Services:** Basics for Local Kids purchases, collects, and distributes new and gently used winter-wear for kids ages newborn through 18 years old living in Pierce or St. Croix counties.

January 18, 2024



## **OPERATION HELP**

**Address:** 901 4<sup>TH</sup> Street, Suite 214, Hudson, Wisconsin 54016  
Operation Help will be moving to the old Twin Cities Orthopedics Building  
In July 2024.

**Phone Number:** 715-386-1300

**Email Address:** [operationhelp.tim@gmail.com](mailto:operationhelp.tim@gmail.com)

**Website:** [operationhelpstcroix.org](http://operationhelpstcroix.org)

**Hours:** 10:00 a.m.- 1:00 p.m., Monday – Friday  
4:00 – 6:00 p.m., Thursday

**Staff:** Timm Puffer, Executive Director

**Mission:** *The mission of Operation HELP is to help residents of St. Croix County maintain stable living situations, emotional well-being, and personal dignity when they experience temporary financial hardships.*

**Services:** Include emergency assistance for rent, utilities, and car repair. Provide vouchers for the Farmers' Market, gas, and laundry. Provides emergency food, undergarments, and toiletries. Provides referrals to other agencies. Operation Help has a Resource Center with basic necessities, such as diapers, soap, deodorant, toothbrushes, toothpaste, shaving supplies, feminine hygiene products, toilet paper, socks, and underwear.

January 25, 2024

## **OUR NEIGHBORS' PLACE**

**Address:** 122 West Johnson Street, River Falls, Wisconsin 54022

**Phone Number:** (715) 426-9000

**Email Address:**

**Website:** <https://www.ourneighborsplace.org/>

**Hours:** Day Center: Monday through Friday, 10:00 a.m. - 4:00 p.m.  
The Closet Thrift Shop: Tuesday & Thursday: 10 a.m. - 6 p.m.  
Friday: 10:00 a.m. - 4:00 p.m.  
Saturday: 10:00 a.m.-- 1:00 p.m.

**Staff:** Shelly Smith, Executive Director  
Sara Fathauer, Case Manager  
Sue Dorsch, Events Coordinator

**Mission:** an award-winning nonprofit organization providing support, shelter, and housing services to foster self-determination in Pierce and St. Croix counties. ONP supports the community with four programs designed to help meet basic needs with a holistic approach to strengthening families.

### **Services:**

The Day Center provides comprehensive housing support and general advocacy.

The transitional housing program supports a family's need for shelter and security for up to two years.

The backpack program works to meet the nutritional needs of our community's children and is open to all children in the family. Each child receives 7-9 pounds of food each weekend..

The Closet Thrift Shop helps meet a community need for free clothing in addition to functioning as a thrift store to the public, with the funds going to support ONP programming.

December 5, 2023

## **SECOND CHANCES**

**Address:** 117 North Main Street, River Falls, Wisconsin 540122

**Phone Number:** (715) 426-5463

**Email Address:**

**Website:** [www.turningpoint-wi.org/thrift-store/](http://www.turningpoint-wi.org/thrift-store/)

**Hours:** M-F: 10-5

**Staff:**

**Mission:** The thrift store helps support Turning Point, an organization dedicated to helping victims of domestic and sexual abuse.

**Services:** Clothing and household goods.

January 18, 2024

## **TREASURES OF THE HEART**

**Address:** 200 South Main Street, River Falls, Wisconsin 54022

**Phone Number:** 715-425-9771

**Email Address:** [adoray.org/treasures-stores](http://adoray.org/treasures-stores)

**Website:**

**Hours:** Saturday and Sunday: 10-3;  
Tuesday through Friday: 10-6

**Staff:**

**Mission:** The thrift store helps support Adoray home health and hospice patients in our community. Treasures of the Heart can also be found in Osceola and Baldwin.

**Services:** Offers quality clothing for women, men and children; collectibles, antiques, household goods, toys, furniture and a variety of other desirable items for sale.

January 18, 2024

## **FOOD**

### **FOODSHARE ALSO KNOWN AS SNAP)**

**Address:** Department of Health Services, 1 West Wilson Street, Madison, Wisconsin 53703

**Phone Number:** 608-266-1865

**Email Address:**

**Website:** [dhs.wisconsin.gov/foodshare/index.htm](https://dhs.wisconsin.gov/foodshare/index.htm)

**Hours:**

**Staff:**

**Mission:** Stop hunger.

**Services:** Use at most stores and at farmers' markets. Available to individuals with low income jobs; have a small or fixed income; retired; have lost his/her job; are disabled or unable to work.

February 17, 2024

## **FREDDY'S PANTRY**

**Address:** UWRF: AGSCI and 268 Rodli Hall, University of Wisconsin-River Falls,  
River Falls, Wisconsin 54022

**Phone Number:** 715-425-4281

**Email Address:** Kathleen.hunzer@uwrf.edu

**Website:** [www.uwrf.edu/DeanOfStudents/Freddys-Pantry.cfm](http://www.uwrf.edu/DeanOfStudents/Freddys-Pantry.cfm)

**Hours:** Fall and Spring Semesters: 8:00 – 5:00 Monday through Friday

**Staff:** Contact: Kathleen Hunzer

**Mission:** One of the hallmarks of UWRF is that we are a caring, supportive, student-centered community. In order to support this mission, we have created Freddy's Pantry, a pair of food shelves on campus to assist students who have food and/or daily living insecurities.

**Services:** Perishable non-perishable foods; personal care items; 5 items/day

January 18, 2024

## **GREAT RIVERS CONSORTIUM (GRC)**

**Address:** 412 West Kinne Street, Ellsworth, Wisconsin 54011

**Phone Number:** 1.888.283.0012  
WESTCap at 715-265-4271

**Email Address:** piercdhs@co.pierce.wi.us

**Website:** access.wi.gov  
energybenefit.wi.gov  
www.dhs.wisconsin.gov/em/pierce.htm

**Hours:** 8:00 - 4:30, Monday through Friday

### **Staff:**

**Mission:** Connect Wisconsin citizens to services and benefits they are eligible to receive, including applying, renewing, or making changes to one's benefits; applying for FoodShare benefits; and answering any questions citizens may have.

**Services:** provide services to the most vulnerable and low-income individuals in our region. Includes Food Share, Badger Car Plus, Family planning • Medical assistance for those 65 or over, disabled or blind, family care, • Wisconsin Shares: child care subsidy program, • Caretaker supplement for those eligible for SSI.

Applicants and members should report changes, submit documentation, and send proof/verification to the Centralized Document Processing Unit (CDPU) by fax at 1.855.293.1822 using a coversheet called a Document Tracking Sheet (DTS) - individuals receive a Document Tracking Sheet (DTS) in the mail as part of a request for information, or they can obtain a DTS by logging into their ACCESS account at <https://access.wi.gov> and printing one. Members are encouraged to write their case number or ACCESS number on the first page of a fax.

January 18, 2024

## **HUDSON AREA BACKPACK AND FOOD PROGRAMS**

**Address:** 1500 Vine Street, Hudson, Wisconsin 54016  
(Will be moving to the old Twin Cities Orthopedics Building in July 2024)  
Mailing address: Box 491, Hudson, Wisconsin 54016

**Phone Number:** 715-381-5125

**Email Address:** hudsonbackpackprogram@gmail.com

**Website:** hudsonbackpack.com

**Hours:** Food Harvest (select their own foods/supplies) 11:00-1:00 Monday  
5:00-7:00 Thursday

Drive through (groceries bagged/taken to care) 4:00-6:00 Thursday

**Staff:** Kris Knott, Chair; Pat Kerner, Treasurer;

**Mission:** The Hudson Area Backpack Program seeks to assist students, families and all individuals experiencing food insecurity by providing food and basic items for daily living. Students, families, and individuals can access food through any or all of our programs. Any individual living in St. Croix County is eligible to participate in any or all of our programs.

**Services:** Monday morning food giveaway: Surplus food giveaway (excess bakery and produce from local groceries) is held in the lower level of Saint Patrick Church at 9:00 AM on Monday mornings. No cost and no questions asked for this giveaway. Businesses interested in donating their excess food items are welcome.

**NOTE:** In July this program, along with Operation Help, will move to the old Twin Cities Orthopedics building. The food program will then be open 30 hours a week.

April 13, 2024



## **OUR NEIGHBORS' PLACE**

**Address:** 122 West Johnson Street, River Falls, Wisconsin 54022

**Phone Number:** (715) 426-9000

**Email Address:**

**Website:** <https://www.ourneighborsplace.org/>

**Hours:** Day Center: Monday through Friday, 10:00 a.m. - 4:00 p.m.  
The Closet Thrift Shop: Tuesday & Thursday: 10 a.m. - 6 p.m.  
Friday: 10:00 a.m. - 4:00 p.m.  
Saturday: 10:00 a.m.-- 1:00 p.m.

**Staff:** Shelly Smith, Executive Director  
Sara Fathauer, Case Manager  
Sue Dorsch, Events Coordinator

**Mission:** an award-winning nonprofit organization providing support, shelter, and housing services to foster self-determination in Pierce and St. Croix counties. ONP supports the community with four programs designed to help meet basic needs with a holistic approach to strengthening families.

### **Services:**

The Day Center provides comprehensive housing support and general advocacy.

The transitional housing program supports a family's need for shelter and security for up to two years.

The backpack program works to meet the nutritional needs of our community's children and is open to all children in the family. Each child receives 7-9 pounds of food each weekend..

The Closet Thrift Shop helps meet a community need for free clothing in addition to functioning as a thrift store to the public, with the funds going to support ONP programming.

December 5, 2023

## **RIVER FALLS FOOD PANTRY**

**Address:** 705 St. Croix Street, River Falls, Wisconsin 54022

**Phone Number:** 715-425-6880

**Email Address:** [info@rfcfp.org](mailto:info@rfcfp.org)

**Website:** [rfcfp.org](http://rfcfp.org))

**Hours:** Monday: 10 AM – 12 PM, 6 PM – 7:30 PM  
Wednesday: 1 PM – 5 PM  
Thursday: 6 PM – 7:30 PM  
Friday: 10 AM – 12 PM

**Staff:** Candace Anderson, Executive Director; Mandy Black, Community Coordinator, Ron Bjork, Pantry Coordinator

**Mission:** We serve any person in need of food that lives within Pierce or St. Croix County . Each family may come twice a month for groceries, plus an additional weekly visit during which they may pick up extra bread and produce. We serve approximately 300 families and distribute more than 20,000 pounds of food monthly.

**Services:** Provides meat, dairy, produce, breads, paper products, feminine products, diapers, and nonperishable foods to people dealing with food insecurity. The Pantry also has pet food and other supplies.

January 15. 2024

## **GENERAL**

### **ACCESS ONLINE TOOL**

**Address:**

**Phone Number:** 1-800-362-3002

Centralized Document Processing Unit—1.855.293.1822

**Email Address:**

**Website:** [access.wisconsin.gov/access](https://access.wisconsin.gov/access)

**Hours:**

**Staff:**

**Mission:** Online tools designed to help people apply for and manage Wisconsin state benefits and programs in one place and at one time.

**Services:** Site provides assistance in securing health care; helping to buy food (SNAP, Foodshare); help with child care costs; find jobs; and improve and increase job skills.

January 18, 2024

## **ASSISTANCE RESOURCE CENTER -- ARC**

**Address:** P.O. Box 223, River Falls, Wisconsin 54022

**Phone Number:** 715-338-0755

**Email Address:**

**Website:** [arcriverfalls.org](http://arcriverfalls.org)

**Hours:** 10:00 a.m. – noon, Monday through Friday

**Staff:**

**Mission:** To provide short term financial assistance to residents of River Falls and Ellsworth to help them meet their basic needs.

**Services:** Provides housing assistance, utilities, transportation, food, medical, laundry, referrals, and other services.

January 25, 2024

## **FOODSHARE EMPLOYMENT AND TRAINING PROGRAM (FSET)**

**Address:** St. Croix Job Center, 704-B North Main Street, River Falls, Wisconsin 54022

**Phone Number:** 715-426-0388

**Email Address:**

**Website:** <https://secure.workforceresource.org>

**Hours:**

**Staff:**

**Mission:** Free program that helps FoodShare members build their job skills and find jobs.

**Services:** Offer job skills training, education activities, interview skills, and provide work experience.

Need to be a member of FoodShare to participate in the program.

February 17, 2024

## **OPERATION HELP**

**Address:** 901 4<sup>TH</sup> Street, Suite 214, Hudson, Wisconsin 54016  
Operation Help will be moving to the old Twin Cities Orthopedics Building  
In July 2024.

**Phone Number:** 715-386-1300

**Email Address:** [operationhelp.tim@gmail.com](mailto:operationhelp.tim@gmail.com)

**Website:** [operationhelpstcroix.org](http://operationhelpstcroix.org)

**Hours:** 10:00 a.m.- 1:00 p.m., Monday – Friday  
4:00 – 6:00 p.m., Thursday

**Staff:** Timm Puffer, Executive Director

**Mission:** *The mission of Operation HELP is to help residents of St. Croix County maintain stable living situations, emotional well-being, and personal dignity when they experience temporary financial hardships.*

**Services:** Include emergency assistance for rent, utilities, and car repair. Provide vouchers for the Farmers' Market, gas, and laundry. Provides emergency food, undergarments, and toiletries. Provides referrals to other agencies. Operation Help has a Resource Center with basic necessities, such as diapers, soap, deodorant, toothbrushes, toothpaste, shaving supplies, feminine hygiene products, toilet paper, socks, and underwear.

January 25, 2024

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**Staff:** Shelly Smith, Executive Director  
Sara Fathauer, Case Manager  
Sue Dorsch, Events Coordinator

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The Closet Thrift Shop helps meet a community need for free clothing in addition to functioning as a thrift store to the public, with the funds going to support ONP programming.

December 5, 2023

## **RIVER FALLS HOUSING AUTHORITY**

**Address:** 625 North Main Street, River Falls, Wisconsin 54022

**Phone Number:** 715-425-7640  
715-641-8530  
Fax: 715-425-8530

**Email Address:** [frontdesk@rfhousing.org](mailto:frontdesk@rfhousing.org)

**Website:** [rfhousing.org](http://rfhousing.org)

**Hours:** 8:30 a.m. – 12:30 p.m., Monday - Friday

**Staff:**

**Mission:** RFHA manages, maintains and facilitates affordable housing in accordance with Federal and State Statute. Our mission is to partner with the community to assess housing needs and opportunities and to be proactive, creative and collaborative in the development and delivery of fair, safe, sustainable and inclusive housing programs.

**Services:**

February 17, 2024



## **SALVATION ARMY – Northern Division Headquarters**

**Address:** 2445 Prior Avenue North, Roseville, Minnesota 55113

**Phone Number:** 1-800-Sal-Army

**Email Address:**

**Website:** [www.salvationarmyusa.org/usn/](http://www.salvationarmyusa.org/usn/)

**Hours:**

**Staff:**

**Mission:** To meet human needs without discrimination.

**Services:** Provides a variety of services including addiction, assistance, counseling, disaster relief, food and meal programs, rent and utility assistance, and thrift stores among other services. Locally, the following services are available: donation box in Hudson, social services in Woodbury, Grace Place in New Richmond, and thrift stores in Hastings, Minnesota.

January 25, 2024

## **UNITED WAY ST. CROIX VALLEY**

**Address:** 201 2<sup>nd</sup> Street South, Hudson, Wisconsin 54022

**Phone Number:** 715-377-0203  
Fax: 715-377-0774  
Immediate help: 211 or **877-947-2211**

**Email Address:** Steve McCarthy, [stevemcarthy@unitedwaystcroix.org](mailto:stevemcarthy@unitedwaystcroix.org)  
Betsy Byker, [betsy.byker@unitedwaystcroix.org](mailto:betsy.byker@unitedwaystcroix.org)  
Hannah Fenstermacher,  
[hannah.fenstermacher@unitedwaystcroix.org](mailto:hannah.fenstermacher@unitedwaystcroix.org)  
BrieAnn Klepp, [brieann.klepp@unitedwaystcroix.org](mailto:brieann.klepp@unitedwaystcroix.org)  
Lori Novak, [lori.novak@unitedwaystcroix.org](mailto:lori.novak@unitedwaystcroix.org)  
Trica Trowbridge, [trica.trowbridge@unitedwaystcroix.org](mailto:trica.trowbridge@unitedwaystcroix.org)

**Website:** [unitedwaystcroix.org](http://unitedwaystcroix.org)

### **Hours:**

**Staff:** Steve McCarthy , Executive Director  
**Betsy Byker**, *Diaper Bank Manager*;  
Hannah Fenstermacher, Administrative Manager  
BrieAnn Klepp, Success By Six Program Director  
**Lori Novak**, *211 Information & Referral Specialist*  
Trica Trowbridge, *211 Program Director*

**Mission:** Uplifting people by building relationships, connecting resources and uniting the St. Croix Valley communities. Our service area includes Pierce, Polk, St. Croix, and Burnett Counties.

**Services:** 211 St. Croix Valley, an information and referral service, connects people to needed resources. Success by Six is an initiative designed to provide the support children need to be successful. Mental Health First Aid is a training initiative that brings critical mental health awareness and resources to our service area. The John Coughlin Hope Fund provides funding to individuals and families with verifiable emergency needs when other services or funds are unavailable.

Provides help with food assistance, housing and shelter, mental health services, substance abuse help, job training, elder care, employment help, and more. Provides diapers and wipes. A monthly subscription service is available. Contact the United Way Family Navigator to register. She can be reached at [betsybyker@unitedwaystcroix.org](mailto:betsybyker@unitedwaystcroix.org) or at 715-245-1593.

January 25, 2024

**WESTCAP**

**Address:** 525 2nd Street, Glenwood City, Wisconsin 545013

**Phone Number:** 715-598-4750  
Fax: 715-265-7031

**Email Address:** [pkilde@westcap.org](mailto:pkilde@westcap.org)  
[info@wcat.org](mailto:info@wcat.org)

**Website:** westcap.org

**Hours:** 8:00 a.m. - 4:00 p.m., Monday through Thursday  
Appointments only on Friday

**Staff:** Peter Kilde, Executive Director

**Mission:** Works to promote the self-sufficiency of low-income families in the rural communities of west central Wisconsin, operating as an equal opportunity employer and service provider.

**Services:** Food access, weatherization, energy assistance, housing assistance, adult education, mental health and counseling, Jumpstart Car Loan Program, and transportation

January 28, 2024

## **HEALTH**

### **ALLINA HEALTH RIVER FALLS CLINIC**

**Address:** 1617 East Division Street, River Falls, Wisconsin 54022  
In hospital

**Phone Number:** 715-307-6600

Fax: 715-307-6650

**Email Address:**

**Website:** <https://account.allinahealth.org>

**Hours:** 8:00 a.m. – 7:00 p.m., Monday through Thursday  
8:00 a.m. \* 5:00 p.m., Friday

**Staff:** See website for staff.

**Mission:** Medical care

**Services:** See website for 36 services offered..

January 21, 2024

## **FREE CLINIC**

**Address:** Door 16, 1629 East Division Street, River Falls, Wisconsin 54022

**Phone Number:** 715-307-3948

**Email Address:** freeclinicpsc@gmail.com

**Website:** <https://freeclinicpieercestcroix.org>

**Hours:** 4:15 p.m., Tuesdays; walk-in; first come, first served, no appointments

**Staff:** Mary Steele, Clinic Manager; Jena Most, Nursing Supervisor; Lauren Johnson, Community Outreach Specialist, Robert Johnson, Medical Director (volunteer), Leah Gavin, Pharmaceutical Director (volunteer)

### **Mission:**

**Services:** Available to: persons who are uninsured. Household income of 200% or less of the Federal Poverty Level. Services: health exams, lab work, radiology; chronic health conditions; preventive health education; medication if available through the onsite dispensary or Patient Assistance Program.

Does not provide: birth control, pregnancy testing, dental services, immunizations, prescriptions for narcotics or other controlled substances, complex mental health treatment, and STD tests and treatments.

Each health care provider sees 25 patients/week.

January 21, 2024

## **OPTIONS FOR WOMEN**

**Address:** 214 North Main Street, River Falls, Wisconsin 54022

**Phone Number:** 715-425-8539

**Email Address:**

**Website:** [optionsforwomenrf.com](http://optionsforwomenrf.com)

**Hours:** 9:30 a.m. – 4:00 p.m., Monday, Wednesday, Friday  
11:00 a.m. – 7:00 p.m., Tuesday, Thursday

**Staff:** Dr. Melissa, Medical Director. See website for other staff.

**Mission:** Pregnancy counseling

**Services:** Pregnancy testing; STI/STD testing; limited OB ultrasound; material assistance and resources (baby supplies, Earn While You Learn (essentials for pregnancy, parenting, life skills and relationships), and financial assistance.

January 28, 2024

## **HOSPICE**

### **ADORAY HOSPICE**

**Address:** 990 Main Street, Suite 1, Baldwin, Wisconsin 545022

**Phone Number:** 715-629-1888  
800-359-0174  
Fax: 833-434-0364

**Email Address:**

**Website:** [adoray.org](http://adoray.org)

**Hours:**

**Staff:**

**Mission:** Part of St. Croix Valley Services. Partnering to Improve the Quality of Life Throughout Your Healthcare Journey Wherever You Call Home." We work to make each day a comfortable one – one that brings dignity, relief from pain, and choice in your treatment to our patients and their families.

**Services:** Service area includes St. Croix, Pierce, Polk, Barron, & Dunn Counties. Provides hospice care, palliative care, home health and rehabilitation care for persons living at home who require ongoing skilled care not provided by family and friends, and grief and caregiver support.

January 28, 2024

## **ST. CROIX HOSPICE**

**Address:** 642 Brakke Dr Ste 104, Hudson, WI 54016

**Phone Number:** 855-278-2764

**Email Address:**

**Website:** [st.croixhospice.com](http://st.croixhospice.com)

**Hours:** 24/7

**Staff:**

**Mission:**

**Services:** Specialty care programs: Voyage Vigil Program provides supportive presence at the resident's bedside when the end is near.

Dementia Care Program ensures the best possible care for residents, their families and caregivers dealing with Alzheimer's and related dementia diagnoses.

We Honor Veterans Program partnership meets the unique needs of veterans and their families.

February 16, 2024



## **MENTAL HEALTH**

### **ADULT TEEN COUNSELING**

**Address:** 215N 2<sup>nd</sup> Street, Suite 109, River Falls, Wisconsin 54022

**Phone Number:** 715-629-7047

Fax: 715-624-4752

**Email Address:**

**Website:** [www.adulthoodcounseling.com](http://www.adulthoodcounseling.com)

**Hours:**

**Staff:**

**Mission:** Provides therapy for all ages

**Services:**

January 21, 2024

## **ALLIED MENTAL HEALTH AND SPECIALITY GROUP**

**Address:** 1334 Hosford Street, Hudson, Wisconsin 54016

**Phone Number:** 715-808-0795

**Email Address:** alliedmentalhealthhudson@gmail.com

**Website:** <https://alliedmentalhealthspecialitygroup.com>

**Hours:** 8:00 – 6:00, Monday through Friday  
After hour appointments also available.

**Staff:** Bradley Nevins, Psychologist; Audrey Nevins, Professional Counselor;  
Katherine Priebe, Doctoral Level Professional Counselor,

**Mission:** Serves teenagers and adults. Therapy can be individualized, couples, or family.

**Services:** Specialize in a variety of issues ranging from anxiety, depression, relationship problems, mood disorders, trauma, personality, and other serious mental health concerns. Telehealth only therapy also available.

January 21, 2024

## **COLLABORATIVE COUNSELING**

**Address:** 901 4<sup>th</sup> Street, Hudson, Wisconsin 54016

**Phone Number:** 763-210-9966

Fax: 763-210-6886

**Email Address:**

**Website:** [www.collaborativemn.com](http://www.collaborativemn.com)

**Hours:**

**Staff:** Eight staff members

**Mission:**

**Services:** Provides teen, individual, group, play therapy, postpartum/perinatal, dialectical, and chemical counseling. Online therapy available.

January 21, 2024

## **COUPLE AND FAMILY THERAPY CENTER, LLC**

**Address:** 2217 Vine Street, Suite 206, Hudson, Wisconsin 54016

**Phone Number:** 715-441-1828

**Email Address:** info@cftc-online.com

**Website:** cfc-online.com

**Hours:** 8:00 a.m. – 9:00 p.m., Monday through Friday

**Staff:** Twelve staff.

**Mission:** Team of highly specialized counselors dedicated to bringing quality counseling to our local communities.

**Services:** Provides individual counseling, child therapy and parenting, teen and family therapy, couples counseling, EMDR & ART, counseling for anxiety, and therapy for depression. Therapy can be in person or online.

January 21, 2024

## **ELSIE'S BARNYARD**

**Address:** W6212 450<sup>th</sup> Avenue, Ellsworth, Wisconsin 54011

**Phone Number:** 715-222-2927

**Email:** [elsiesbarnyard@gmail.com](mailto:elsiesbarnyard@gmail.com)

**Website:** elsiesbarnyard.com

**Hours:** Open by appointment only.

**Staff:** Mandy Fleming, Founder

**Mission:** Restore and strengthen the hearts, minds, and souls of children and families facing adverse medical conditions through interactions with nature and animals.

**Services:** Family barnyard visits, field trips. Children can interact with horses, dwarf goats, bunnies, chickens, sheep, cats, and calves (in the spring).

May 22, 2024

## **FAMILY INNOVATIONS**

**Address:** 131 Carmichael Road, Suite 206, Hudson, Wisconsin 54016

**Phone Number:** 262-648-1264

**Email Address:**

**Website:** [lifestance.com](http://lifestance.com)

**Hours:** 8:00 a.m. – 7:00 p.m., Monday through Thursday  
8:00 a.m. – 4:00 p.m., Friday  
Appointments also available on Saturday and Sunday

**Staff:** Nine staff at Hudson location See website for details.

**Mission:** Help clients lead healthier, more fulfilling lives by providing access to trusted, affordable, and personalized mental healthcare.

**Services:** Therapy appointments available both in person and online. Serve all age groups and sexual orientations. Therapies include adult psychiatry, child and adolescent psychiatry, child and adolescent therapy, child-parent relationship therapy, couples therapy, family therapy, medication management, neuropsychological testing and evaluation, psychological testing and evaluation, and LifeStance telehealth services.

January 21, 2024

## **FAMILY MEANS**

**Address:** 1200 Hosford Street, Suite 201, Hudson, Wisconsin 54016

**Phone Number:** 715-386-2066 (Hudson)

651-439-4840; 800-3203; Fax: 651-439-4894

Grief and Loss: 651-641-0177; Fax: 651-641-8635

**Email Address:** [familymeans@familymeans.org](mailto:familymeans@familymeans.org)

**Website:** [www.familymeans.org](http://www.familymeans.org)

**Hours:** Contact office.

**Staff:** See website.

**Mission:** [Strengthens communities by helping individuals and families through challenges in all life.](#)

**Services:** Individual, family and group counseling; caregiver and aging support, education, and counseling; and youth development.

January 21, 2024

## **HUDSON COUNSELING SERVICES**

**Address:** 901 Dominion Drive, Hudson, Wisconsin 54016

**Phone Number:** 715-808-8070

Fax: 715-808-8009

**Email Address:**

**Website:** [hudsoncounselingservices.com](http://hudsoncounselingservices.com)

**Hours:** 8:30 a.m. – 5:15 p.m., Monday through Thursday  
Some evening appointments available.

**Staff:** Nine staff members. See website for more information.

**Mission:** From the start, we've dedicated our work to guiding individuals through life's complexities with compassionate, personalized care. Our mission is to empower every client with the tools and understanding they need to navigate challenges, achieve balance, and embrace lasting positive change in their lives.

**Services:** Faith-based counseling. Includes individual, couples, and group counseling, all ages, EMDR, and counseling for anxiety and depression.

January 22, 2024



## **LOST CREEK RANCH**

**Address:** N6842 570th St, Beldenville, WI 54003

**Phone Number:** [715-273-6070](tel:715-273-6070)

**Email Address:**

**Website:** [lostcreekranchwi.org](http://lostcreekranchwi.org)

**Hours:**

**Staff:** Lynette Weldon, Executive Director and Founder  
Ruth Harper, Lead instructor, Clinician and COO  
Shannon Draper, Barn Manager, Care Coordinator

**Mission:** Founded in 2000, Lost Creek Ranch has held true to its mission to create a supportive environment where participants discover the uniquely therapeutic and healing nature of riding.

**Services:** We also specialize in therapeutic Equine Therapy programs proven to enhance the lives of individuals living with Autism, ADHD, anxiety, depression, PTSD, and other neurological conditions. Also provides a rescue program for horses.

April 3, 2024

## **MARRIAGE AND FAMILY HEALTH**

**Address:** 2910 Enloe Street, Suite 100, Hudson, Wisconsin 54016

**Phone Number:** 715-381-5437

**Email Address:** [marriageandfamily@mfhs-ltd.com](mailto:marriageandfamily@mfhs-ltd.com)

**Website:** [www.marriageandfamilyhealthservices.com](http://www.marriageandfamilyhealthservices.com)

**Hours:** 8:30 a.m. – 5:00 p.m., Monday through Friday

**Staff:**

**Mission:**

**Services:** In-person and online services for individual outpatient therapy, marital counseling, trauma and abuse services, play therapy for children, in-school counseling services, and grief counseling.

January 22, 2024

## **PEACE TREE COUNSELING**

**Address:** 710 North Main Street, River Falls, Wisconsin 54022

**Phone Number:** 715-417-3241

Fax: 715-417-3243

**Email Address:** [main@peacetreecounseling.com](mailto:main@peacetreecounseling.com)

**Website:** [peacetreecounseling.com](http://peacetreecounseling.com)

**Hours:**

**Staff:** Four staff. See website for details.

**Mission:** Provides a safe, supportive, and confidential environment where individuals, couples and families can learn to engage in life more fully. We are dedicated to helping you identify and develop your own personal strengths, increase self-confidence, improve communication skills, and bring resolution to issues which hinder wholeness and well-being.

**Services:**

January 22, 2024

**PSYCHIATRIC CONSULTANTS OF WESTERN WI**

**Address:** Hudson, Wisconsin 54016

**Phone Number:** 715-441-7483

**Email Address:**

**Website:**

**Hours:**

**Staff:**

**Mission:**

**Services:**

January 22, 2024

**ST. CROIX VALLEY RESTORATIVE SERVICES/RESTORATIVE COUNSELING SERVICES**

**Address:** 215 North 2<sup>nd</sup> Street, Suite 108, River Falls, Wisconsin 54022

**Phone Number:** 715-425-1100

**Email Address:** center@restorativeservices.org

**Website:** restorativeservices.org

**Hours:**

**Staff:** Bridgett Connolly, Executive Director. See website for additional staff and board of director members.

**Mission:** Our commitment to Restorative Justice principles drives our efforts to promote understanding, empathy, and accountability among individuals affected by conflict and harm. Through our Restorative Justice programming, we create transformative spaces where participants can engage in meaningful dialogue, find resolution, and restore relationships fractured by past challenges.

**Services:** Personal and family counseling; Kids First parenting class; Stop Abuse for Individuals and Families focuses on intimate partner domestic violence and family violence

January 24, 2024

## **VALLEY COUNSELING & CLINICAL PSYCHOLOGY**

**Address:** 1810 Crestview Drive, Hudson, Wisconsin 54016

**Phone Number:** 715-386-2003

Fax: 715-386-2004

**Email Address:** [info@yourvalleycounseling.com](mailto:info@yourvalleycounseling.com)

**Website:** [www.yourvalleycounseling.com](http://www.yourvalleycounseling.com)

**Hours:** 9:00 a.m. – 6:00 p.m., Monday through Thursday  
Appointments only on Friday

**Staff:** See website for staff.

**Mission:** The therapists at Valley Counseling strive to address the issues that affect clients' overall wellbeing and the person as a whole instead of merely focusing on symptoms and diagnoses.

**Services:** Individual, couples, and family counseling.

January 24, 2024

## **WALK ON THERAPEUTIC RIDING**

**Address:** 1469 County Road J, River Falls, Wisconsin 54022

**Phone Number:** 715-425-2025

**Email Address:** walkontherapeuticriding@gmail.com

**Website:** [www.walkontherapeutichorsemanship.org](http://www.walkontherapeutichorsemanship.org)

**Hours:**

**Staff:** Ken Giske, founder and executive director; Jayne Bradford, instructor

**Mission:** Walk On Therapeutic Riding Programs, Inc. provides individualized horseback riding related to equine assisted activities and therapeutic riding instruction to children and adults with any physical, developmental, social and emotional disabilities.

**Services:** There are Spring, Summer, and Fall sessions with Winter sessions optional. Therapeutic riding classes are typically held on Tuesday & Thursday evenings and Saturday mornings. There are usually 4 riders per class. Class time includes: brush & tacking horse, arena ground work with horse, riding, untacking & brushing horse post riding.

April 13, 2024

**WILLIAM G. PLATZ, MENTAL HEALTH**

**Address:** 412 West Kinne Street, Ellsworth, Wisconsin 54011

**Phone Number:** (715) 273-6770

**Email Address:**

**Website:** [williamplatz.com](http://williamplatz.com)

**Hours:** 888-552-6642; 24/7

**Staff:**

**Mission:**

**Services:** Provide outpatient services, counseling, crisis intervention, and emergency care. Addiction and substance abuse counseling and social work.

January 22, 2024



## **MISCELLANEOUS**

### **BIG BROTHERS/BIG SISTERS OF NW WISCONSIN**

**Address:** 424 Galloway St, Eau Claire, WI 54703  
707A North Main Street, River Falls, Wisconsin 54022 (Store)

**Phone Number:** 715- 307-9441  
(715) 835-0161 (Eau Claire)

**Email Address:** sportinworldrf@gmail.com

**Website:** www/bbbsmw.org

**Hours:** M-F: 1-7; Sat. 9-3

**Staff:** Store Manager: Jason Anderson

**Mission:** Create and support one on one mentoring relationships that ignite the power and promise of youth. Runs Sporting World of River Falls, a used sporting goods store.

**Services:** Purchase used sporting goods.

January 18, 2024

## **FIVE FOR FAMILIES**

**Address:** Hudson, Wisconsin 54016  
857 Main St PO Box 2087 Baldwin, WI 54002  
GEF 3 Building, 125 South Webster Street, P42, Madison, Wisconsin  
53703

**Phone Number:** 608-266-6871  
715-684-4440 (Baldwin)

**Email Address:** [PreventionBoard@wisconsin.gov](mailto:PreventionBoard@wisconsin.gov)  
<https://frcscv.org/>

**Website:** [FiveforFamilies.org](http://FiveforFamilies.org)

**Hours:**

**Staff:**

**Mission:** The Prevention Board was created by the Legislature in 1983 as the lead state agency on child abuse and neglect prevention efforts in Wisconsin. Mobilize research and practices to prevent child abuse and neglect in Wisconsin.

**Services:** Teaches you to build in your family's strengths: understand feelings; parentings as children grow; connecting with others; building inner strength; knowing how to find help

January 21, 2024

## **SPANISH LANGUAGE MASSES**

**Address:** St. Patrick's Church, 1500 Vine Street, Hudson, Wisconsin 54016  
St. Mary's Immaculate Conception Church, 1265 Ridgeway Street,  
Hammond, Wisconsin 54015

**Phone Number:** St. Patrick's Church: 715-381-45120  
St. Mary's Immaculate Conception Church: 715-762-2244

**Email Address:** church@stpatrickofhudson.org

**Website:** st.patricksofhudson.org; stmaryshammond.org

**Hours:** St. Patrick's Church:  
St. Mary's Immaculate Conception Church: every other Saturday starting  
December 1, 7:00 p.m.

**Staff:**

**Mission:**

**Services:**

March 18, 2024

## **TWIN CITIES ORTHOPEDICS**

**Address:** 2651 Hillcrest Dr Suite 101, Hudson, WI 54016

**Phone Number:** 800-423-1088  
Fax: 651-275-2795

**Email Address:**

**Website:**

**Hours:**

**Staff:**

**Mission:**

**Services:** Will accept gently used medical equipment. Please call first.

May 16, 2024

## **WISCONSIN TALKING BOOKS AND BRAILLE LIBRARY**

**Address:** 813 West Wells Street, Milwaukee, Wisconsin 53233

**Phone Number:** 414-286-3045  
1-800-242-8822 (in Wisconsin)

**Email Address:** wtbbbl@milwaukee.gov

**Website:** <https://dip.wi.gov/talkingbooks>.

**Hours:** 9:00-5:00

**Staff:**

**Mission:** Services provided for the visually impaired; unable to read because of physical limitations (e.g. Parkinson's disease; physician certified reading disability due to an organic dysfunction (e.g., Alzheimer's PTSD, dyslexia, etc.); legally blind; reading disability; can be at home or in an institutions.

**Services:** The Wisconsin Talking Book and Braille Library provides books and magazines in two formats: Braille and audio recorded books. The collection numbers about 200,000 items and over 40,000 different titles. Bestsellers, romances, mysteries, classics, sports and travel are just a few of the many subject areas to choose from. Materials are available for adults, young adults, and children. The Wisconsin Talking Book and Braille Library also lends audio-described DVDs.

The library provides playback machines as well as accessories for the machines to include: headphones, pillow speakers (for readers confined to bed), USB breath switch, USB Digital Talking Book Cartridge Cable, USB Flash Drive Adapter and High-Volume Player and Headphones .

Catalogs and announcements of new books are mailed to readers in a variety of formats (large print, audio, and Braille).

January 21. 2024

## **SUPPORT GROUPS**

### **ADORAY GRIEF SUPPORT**

**Address:** 990 Main Street, Suite 1, Baldwin, Wisconsin 54002

**Phone Number:** 715-629-1888

**Email Address:** [b.ruff@adoray.org](mailto:b.ruff@adoray.org)

**Website:** [Caregiver & Grief Support | Adoray Home Health and Hospice](#)

**Hours:**

**Staff:** Britta Ruff

**Mission:**

**Services:** Grief support is available to hospice and palliative care families who have experienced the death of a loved one. Grief is a normal and natural response to the death of a loved one. Within each person is the innate capacity to heal. The duration and intensity of the grief experience are unique for each person. A supportive and caring environment can facilitate the process of healing.

Adoray hosts a remembrance service and a grief book club.

March 18, 2024

## **ALCOHOLICS ANONYMOUS: AA RIVER FALLS ALANO SOCIETY**

**Address:** W9896 770<sup>th</sup> Avenue, River Falls, Wisconsin 54022

**Phone Number:** (612) 735-7276

**Email Address:**

**Website:** [www.aarfw.org](http://www.aarfw.org)

**Hours:** 24/7. See website for list of meetings and meeting topics. Meetings occur daily.

**Staff:** See website for staff names and contact information.

**Mission:** The primary purpose of River Falls Alano Society, Inc. is to provide a safe, sober environment where people participating in 12-step programs can, meet, socialize, and find support for their efforts. We provide facilities, resources, and amenities for recovering alcoholics, addicts and their families to achieve lasting positive lifestyle changes.

**Services:** Daily AA meetings as well as Al-Anon meetings for families and friends.

January 24, 2024

## **ALZHEIMER'S FAMILY AND CAREGIVER PROGRAM**

Address:

Phone Number:

Email Address:

Website:

Hours:

Staff:

**Mission:** The Wisconsin legislature created the program in response to the growing number of families caring for loved ones at home with irreversible dementia.

**Eligibility:** Have Alzheimer's disease or another type of irreversible dementia. There must be a doctor's statement to confirm the diagnosis. Have an income of \$48,000 each year or less. Note: If you have a partner or spouse, you must make less than \$48,000 combined. If you make more than \$48,000, you can subtract costs for Alzheimer's care when determining income. This means you may be eligible even if your net income is more than \$48,000.

**Services:** Caregivers buy services and goods to care for someone with Alzheimer's. Members may receive up to \$4,000 each depending on the county's priorities and a person's need for services.

AFCSP covers services needed to keep a person with Alzheimer's living in the community. Services can include: adult day care, in-home help, respite care, support groups and self-care, and transportation. Goods can include: chair lifts, hobby supplies, meals sent to your home nutrition supplements, security systems, and special clothes.

Your county may limit the types of services AFCSP covers. They may use some AFCSP funding to: buy library books, increase public awareness, offer overnight or emergency respite, start adult day services, and start more support groups.

February 28, 2024



## **DIVORCE CARE**

**Address:** St. Bridget Church, 211 East Division Street, River Falls, Wisconsin 54022

**Phone Number:** 715-425-1870

**Email Address:** divorcecare.ic.stb@hotmail.org (Barb and Jerry Liddell)

**Website:** [www.divorcecare.org](http://www.divorcecare.org)

**Hours:** 6:30 p.m. – 8:30 p.m.; weekly meetings; session in March and again in September

**Staff:**

**Mission:** Nondemonimational program with a network of 15,000 churches worldwide. Provides practical information and biblical teaching for recovering from divorce or separation.

**Services:** Structured program with specific weekly themes. Includes a video seminar, support group, and a workbook.

March 18, 2024

**DOMESTIC VIOLENCE INTERVENTION GROUP FOR MEN**

**Address:** Hudson, Wisconsin 54016

**Phone Number:** 715-245-2196

**Email Address:**

**Website:**

**Hours:**

**Staff:**

**Mission:**

**Services:**

## **ELLSWORTH AA**

**Address:** 414 West Kinni, Ellsworth

**Phone Number:**

**Email Address:**

**Website:** [findrecovery.com/aa\\_meetings/wi/ellsworth/](http://findrecovery.com/aa_meetings/wi/ellsworth/)

**Hours:** Sunday evening beginners. 6:30 p.m.

**Staff:**

**Mission:**

**Services:**

January 24, 2024

## **FAMILY CAREGIVER SUPPORT PROGRAM**

**Address:**

**Phone Number:**

**Email Address:**

**Website:**     [www.dhs.wisconsin.gov/aging/alzfcgsp.htm](http://www.dhs.wisconsin.gov/aging/alzfcgsp.htm)

**Hours:**

**Staff:**

**Mission:**     The Family Caregiver Support Program provides information and assistance to family members, neighbors and friends who care for adults 60 years old and older and persons with Alzheimer's disease or related disorder (regardless of age); grandparents and relative caregivers of children no older than 18 and relative caregivers of an adult child 18-59 with a disability.

**Services:**     The program provides:

- information through presentations and public education to help caregivers locate services and resources within their community
- assistance in caregiving needs, identifying options, and referrals to local resources
- training and support to caregivers in decision making and problem solving
- respite care services
- supplemental services such as home remodeling, adaptive equipment, and needed medical supplies.

January 17, 2024

## **FAMILY RESOURCE CENTER OF ST. CROIX VALLEY**

**Address:** 857 Main Street, P.O. Box 2087, Baldwin, Wisconsin 54002

**Phone Number:** 715-684-4440  
Fax: 715-684-5122

**Email Address:** [info@frcscv.org](mailto:info@frcscv.org)

**Website:** [frcsv.org](http://frcsv.org)

### **Hours:**

**Staff:** Jennifer Griggs-Andress, Executive Director. See website for other staff.

**Mission:** Strengthen children families, and communities by offering education, resources, and support.

**Services:** Serves families in Pierce, Polk, and St. Croix Counties with prenatal topics, hospital visit after a baby is born, baby and me development milestones and parenting skills, and group connection programs (baby and Me, Play and Learn, ECE FAST (Early Childhood Education and Families and Schools Together), Triple P (Positive Parenting Program), Parent Cafe, and Young Parent Program).

January 26, 2024

## **MA PERRIN RECOVERY SERVICES**

**Address:** 216 North Winter Street, Suite D, River Falls, Wisconsin 54022

**Phone Number:** 715-629-2080

**Email Address:** [info@perrinrecovery.com](mailto:info@perrinrecovery.com)

**Website:** [perrinrecovery.com](http://perrinrecovery.com)

**Hours:**

**Staff:** Melanie A. Perrin

**Mission:** Providing support and counseling tailored to meet the needs of the client, the relationship between counselor and client is the single most important factor in successfully addressing addiction.

**Services:** Provides family and/or individual addiction counseling.

January 22, 2024

## **NAMI ST. CROIX VALLEY (NATIONAL ALLIANCE ON MENTAL ILLNESS)**

**Address:** Peer Support Group: Luther Memorial Church, 420 South 4<sup>th</sup> Street, River Falls, Wisconsin 54022  
Family Support Group is coming to River Falls soon. See website.

**Phone Number:** 608-301-5440  
800-950-NAMI (Teen and Young Adult Helpline)

**Email Address:**

**Website:** [namiscv@gmail.com](mailto:namiscv@gmail.com)

Peer Support Group: [www.nami.org/Support-Education/Support-Groups/NAMI-Connections](http://www.nami.org/Support-Education/Support-Groups/NAMI-Connections)

Family Support Group: [www.nami.org/Support-Education/Support-Groups/NAMI-Family-Support-Groups](http://www.nami.org/Support-Education/Support-Groups/NAMI-Family-Support-Groups)

Online Support Group: [namiwisconsin.org/being-together](http://namiwisconsin.org/being-together)

**Hours:** Peer Support Group: 6:30 p.m. – 8:00 p.m., 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of each month

Teen and Young Adult Helpline: 9:00 a.m. – 9:00 p.m. (CST)

**Staff:**

**Mission:** Our mission is to improve the quality of life for people whose lives are affected by mental illness and to support research in order to eliminate these illnesses

**Services:** Provides peer, family, and online support groups.

The Peer Support Group offers 18 and older people support in a safe and caring environment.

The Family Support Group is a peer-led support group for anyone with a loved one with mental health issues.

January 24, 2024

## **ONLINE CALL IN CAREGIVER SUPPORT GROUP**

**Address:** ADRC of Pierce County 412 W. Kinne St., Ellsworth, WI 54011

**Phone Number:** 715-273-6780

**Email Address:**

**Website:** [online support group flyer.pdf \(revize.com\)](#)

**Hours:** 2nd Thursday each month 10:00-11:30 a.m

4th Wednesday 2-3:30 p.m.

**Staff:** Contact: Amy Luther

**Mission:** Provides support for people providing care to someone with dementia or other challenging health issues that impact daily life.

**Services:** Contact either by phone or online. Registration required.

January 18, 2024



**PFLAG**

**Address:** 140 Union Street, River Fall, Wisconsin 54022

**Phone Number:** (612) 817-9742

**Email Address:** [bloomwhereplanted@gmail.com](mailto:bloomwhereplanted@gmail.com)

**Website:** [pflag.org/chapter/river-falls/](http://pflag.org/chapter/river-falls/)

**Hours:**

**Staff:** Contacts: Lisa Thompson; Janet Ellinger

**Mission:** PFLAG is the nation's largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and those who love them.

**Services:**

January 24, 2024

## **PRIDE CENTER**

**Address:** 269A Rodli Hall, University of Wisconsin-River Falls, River Falls,  
Wisconsin 54022

**Phone Number:** 715-425-3300

**Email Address:** [inclusion@uwrf.edu](mailto:inclusion@uwrf.edu)

**Website:** [www.uwrf.edu/Inclusivity/pridecenter.cfm](http://www.uwrf.edu/Inclusivity/pridecenter.cfm)

**Hours:** 8:00 a.m - 9:00 p.m., Monday through Thursday  
8:00 a.m. – 5:00 p.m., Friday

**Staff:** Princess Kent, Director, Diversity, Inclusion and Belonging

**Mission:** Diversity, Inclusion and Belonging at the University of Wisconsin–River Falls thrives to create an inclusive campus community where all people can feel valued, respected and safe.

**Services:** Services: • Identity-Based Student Organizations; • Bias Incident Response Team; • Educational Campaigns' • Gender Inclusive Facilities; • Heritage and History Months; • Events and Programs that promote the mission; • Support, resources, and staff • Gender and Sexuality Education and Programming; and • Lawton Undergraduate Minority Retention Grant (LUMRG)

January 24, 2024

## **SUPPORT GROUP FOR THOSE CARING FOR THOSE WITH MEMORY LOSS**

**Address:**

**Phone Number:** 715-273-6780 ; 877-273-0804

**Email Address:**

**Website:**

**Hours:** 2nd Friday; 9:30 a.m; St. Bridget's Westview Room

**Staff:** Contact: Amy Luther

**Mission:**

**Services:**

## **TURNING POINT FOR VICTIMS OF DOMESTIC AND SEXUAL VIOLENCE**

**Address:** 117 North Main Street, River Falls, Wisconsin 54806

**Phone Number:** 715-425-6751  
24 hour texting: 715-821-8626  
24 hour crisis hotline: 800-345-5104

**Email Address:** Alena Taylor, [alenat@turningpoint-wi.org](mailto:alenat@turningpoint-wi.org)  
  
Creative Healing Support: Amanda Donley,  
[amandad@turningpoint-wi.org](mailto:amandad@turningpoint-wi.org) or 715-425-6751

**Website:** [turningpoint-wi.org](http://turningpoint-wi.org)

**Hours:** Intimate Partner Violence Social Group: 4:00 p.m. – 5:30 p.m., 1<sup>st</sup> Thursday live; 3<sup>rd</sup> Thursday via Zoom  
LGBTQIA+: 6:00 p.m. to 7:30 p.m., every Tuesday; contact Serenity Holbrook to register: [serenity@turningpoint-wi.org](mailto:serenity@turningpoint-wi.org) or 715-425-6751

**Staff:** Alena Taylor, Executive Director. See website for additional staff.

**Mission:** Turningpoint's mission is to provide support and resources to achieve freedom from domestic and sexual violence. Turningpoint's purpose is to empower those affected by domestic or sexual violence.

**Services:** Include 24 hour crisis counseling; shelter; a legal support system; childrens' programming; violence prevention education; safety planning; support groups; emergency food and hygiene items. Operates Second Chances, a local thrift store.

Support groups include: Intimate Partner Violence Social Group; LGBTQIA+; Creative Healing Support Group uses artistic expression to help meet clients' emotional needs

January 25, 2024

## **VETERANS COFFEE CHAT**

**Address:** The Sycamore of River Falls, 745 Sycamore Street, River Falls, Wisconsin 54022

**Phone Number:** 715-997-6441 OR Troy, 928-458-0241

**Email Address:** **Website:** [thesycamoreseniorliving.com](http://thesycamoreseniorliving.com)

**Hours:** 9:30 a.m., 1<sup>st</sup> and 3<sup>rd</sup> Saturdays of the month

**Staff:** Megan Harstad

**Mission:** An opportunity for veterans to chat with each other, make new friends, and have coffee and pastries.

**Services:**

March 15, 2024

## **TRANSPORTATION**

### **ADRC VOLUNTER MEDICAL TRANSPORTATION**

**Address:**

**Phone Number:** 715-273-6780  
1-877-273-0804

**Email Address:**

**Website:**

[www.co.pierce.wi.us/departments/aging\\_and\\_disability\\_resource\\_center\\_\(adrc\)/  
programs\\_\\_\\_support\\_services/transportation.php](http://www.co.pierce.wi.us/departments/aging_and_disability_resource_center_(adrc)/programs___support_services/transportation.php)

**Hours:** Monday-Friday, 8:00 a.m. to 4:30 p.m. City-wide only.

**Staff:**

**Mission:**

**Services:** For persons 60+ who can no longer drive; must have medical disabilities.  
Dr. appts only. Schedule as early as possible. 24-48 hrs in advance. Donations helpful.

January 24, 2024

## **RIVER FALLS RIDE SHARE TAXI**

**Address:** 265 Mound View Road, Suite A, River Falls, Wisconsin 54022

**Phone Number:** 715-428-7878

**Email Address:**

**Website:** /www.rfcity.org/110/Taxi-Service

**Hours:**

**Staff:**

**Mission:**

**Services:**

January 24. 2024

## **INDEX**

| <b>Subject</b>                                          | <b>Section</b> |
|---------------------------------------------------------|----------------|
| <b>Abuse</b>                                            |                |
| Five for Families                                       | Miscellaneous  |
| Hudson Hospital Programs for Change                     | Mental Health  |
| St. Croix Valley Restorative Services                   | Mental Health  |
| <b>Aging</b>                                            |                |
| Adult Protection Services                               | Aging          |
| Aging and Disabilities Resource Center of Pierce County | Aging          |
| Among Friends                                           | Aging          |
| Area Office on Aging                                    | Aging          |
| Dementia Awareness and Support                          | Aging          |
| Dementia Matters                                        | Aging          |
| Have a Heart Memory Care                                | Aging          |
| Project Lifesaver                                       | Aging          |
| Synergy Home Care                                       | Aging          |
| United Way St. Croix Valley                             | General        |
| <b>Alcohol and Substance Abuse</b>                      |                |
| Ellsworth AA                                            | Support Groups |
| Hudson Hospital Programs for Change                     | Mental Health  |
| Kinni Falls Alcohol and Drug Abuse Services             | Abuse          |
| MA Perrin Recovery Services                             | Mental Health  |
| Salvation Army                                          | General        |
| United Way St. Croix Valley                             | General        |
| William G. Platz Mental Health                          |                |
| <b>Animal/Equine Therapy</b>                            |                |
| Elsie's Barnyard                                        | Mental Health  |
| Lost Creek                                              | Mental Health  |
| Walk-on Therapeutic Riding                              | Mental Health  |
| <b>Books and Reading</b>                                |                |
| Wisconsin Talking Books and Braille Library             | Miscellaneous  |



## **Child Care**

|                         |         |
|-------------------------|---------|
| Access Online Tool      | General |
| Great Rivers Consortium | General |

## **Clothing**

|                        |          |
|------------------------|----------|
| Basics for Local Kids  | Clothing |
| Operations Help        | General  |
| Our Neighbors' Place   | General  |
| Salvation Army         | General  |
| Second Chances         | Clothing |
| Treasures of the Heart | Clothing |

## **Diapers and Wipes**

|                                |         |
|--------------------------------|---------|
| Options for Women              | Health  |
| Our Neighbors' Place           | General |
| United Way of St. Croix County | General |

## **Domestic Abuse**

|                                                        |                |
|--------------------------------------------------------|----------------|
| Domestic Violence Intervention Group for Men           | Support Groups |
| St. Croix Valley Restorative Services                  | Mental Health  |
| Turning Point for Victims of Domestic and Sexual Abuse | Support Groups |

## **English as a Second Language**

|                                   |         |
|-----------------------------------|---------|
| Chippewa Valley Technical College | General |
| WESTCap                           | General |

## **Food**

|                                                  |         |
|--------------------------------------------------|---------|
| Access Online Tool                               | General |
| Assistance Resource Center (ARC)                 | General |
| Foodshare (SNAP)                                 | Food    |
| Foodshare Employment and Training Program (FSET) | General |
| Freddy's Pantry                                  | Food    |
| Great Rivers Consortium                          | General |
| Hudson Area Backpack and Food Programs           | Food    |
| Operations Help                                  | General |
| Our Neighbors' Place                             | General |
| River Falls Food Pantry                          | Food    |
| Salvation Army                                   | General |
| St. Patrick's Church, Hudson                     | Food    |

United Way St. Croix Valley  
WESTCap

General  
General

## **Furniture**

Second Chances Clothing  
Treasures of the Heart

Clothing  
Clothing

## **Gas**

Assistance Resource Center (ARC)  
Our Neighbors' Place  
Operations Help

General  
General  
General

## **Health**

Access Online Tool  
Allina Health River Falls Clinic  
Free Clinic  
Great Rivers Consortium  
Options for Women

General  
Health  
Health  
General  
Health

## **Hospice**

Adoray Hospice  
St. Croix Hospice

Hospice  
Hospice

## **Housing**

Assistance Resource Center (ARC)  
Operations Help  
Our Neighbors' Place  
River Falls Housing Authority  
Salvation Army  
United Way St. Croix Valley  
WESTCap

General  
General  
General  
Housing  
General  
General  
General

## **Jobs**

Access Online Tool  
Foodshare Employment and Training Program (FSET)  
United Way St. Croix Valley

General  
General  
General

## **LGBTQ+**

PFLAG  
Pride Center

Support Groups  
Support Groups

## **Laundry**

|                                  |         |
|----------------------------------|---------|
| Assistance Resource Center (ARC) | General |
| Operations Help                  | General |
| Our Neighbors' Place             | General |

## **Literacy**

|         |         |
|---------|---------|
| WESTCap | General |
|---------|---------|

## **Medical Equipment Donations**

|                         |         |
|-------------------------|---------|
| Twin Cities Orthopedics | General |
|-------------------------|---------|

## **Mental Health**

|                                              |               |
|----------------------------------------------|---------------|
| Adult Teen Counseling                        | Mental Health |
| Allied Mental Health and Specialty Group     | Mental Health |
| Collaborative Counseling                     | Mental Health |
| Couple and Family Therapy Center             | Mental Health |
| Family Innovations                           | Mental Health |
| Family Means                                 | Mental Health |
| Hudson Counseling Services                   | Mental Health |
| Marriage and Family Health                   | Mental Health |
| Michael J. Moller, Clinical Psychologist     | Mental Health |
| Peacetree Counseling                         | Mental Health |
| Psychiatric Consultants of Western Wisconsin | Mental Health |
| St. Croix Valley Restorative Services        | Mental Health |
| Salvation Army                               | General       |
| United Way St. Croix Valley                  | General       |
| Valley Counseling & Clinical Psychology      | Mental Health |
| WESTCap                                      | General       |
| William G. Platz, Mental Health              | Mental Health |

## **Parenting**

|                                            |               |
|--------------------------------------------|---------------|
| Family Resource Center of St. Croix Valley |               |
| Five for Families                          |               |
| Options for Women                          | Health        |
| St. Croix Valley Restorative Services      | Mental Health |

## Respite

|               |       |
|---------------|-------|
| Among Friends | Aging |
| Have a Heart  | Aging |
| Memory Cafes  | Aging |

## Social Services

|                      |         |
|----------------------|---------|
| Our Neighbors' Place | General |
| Project Lifesaver    | Aging   |

## Sports Equipment

|                                          |               |
|------------------------------------------|---------------|
| Big Brothers/Big Sisters of NW Wisconsin | Miscellaneous |
|------------------------------------------|---------------|

## Support Groups

|                                                             |                |
|-------------------------------------------------------------|----------------|
| Adoray Grief Support                                        | Support Groups |
| Alcoholics Anonymous: AA River Falls Alanon                 | Support Groups |
| Alzheimer's Family and Caregiver Program                    | Support Groups |
| Dementia Awareness and Support                              | Aging          |
| Divorce Care                                                | Support Groups |
| Domestic Violence Intervention Group for Men                | Support Groups |
| Ellsworth AA                                                | Support Groups |
| Family Caregiver Support Program                            | Support Groups |
| Family Resource Center of St. Croix Valley                  | Support Groups |
| MA Perrin Recovery Services                                 | Support Groups |
| NAMI St. Croix Valley (National Alliance on Mental Illness) | Support Groups |
| Online Call In Caregiver Support Group                      | Support Groups |
| PFLAG                                                       | Support Groups |
| Pride Center                                                | Support Groups |
| Support Group for Those Caring for Those with Memory Loss   | Aging          |
| Turning Point for Victims and Domestic and Sexual Violence  | Support Groups |
| Veterans Coffee Chat                                        | Support Groups |

## Transportation

|                                       |                |
|---------------------------------------|----------------|
| Assistance Resource Center (ARC)      | General        |
| ADRC Volunteer Medical Transportation | Transportation |
| Great Rivers Consortium               | General        |
| Our Neighbors' Place                  | General        |
| River Falls Ride Share Taxi           | Transportation |
| WESTCap                               | General        |

## Utilities

|                                  |         |
|----------------------------------|---------|
| Assistance Resource Center (ARC) | General |
| Operations Help                  | General |
| Our Neighbors' Place             | General |
| Salvation Army                   | General |
| WESTCap                          | General |