

## **Prayer Ministry: Connected and Strengthened through Prayer**

*"If Eucharist is the heart of parish life, then prayer is the heartbeat.*

*Prayer is the food and fuel of missionary activity."* *Julianne Stanz, Start with Jesus*

The prayer intentions from January 1 to February 28 include but are not limited to:

- That all members of our Parish family would be open to the invitation to participate in any or all the growth opportunities being planned and offered: Emmaus 90, Rosary in a Year, Men's Rally, Life in the Spirit, as a way of encountering our Lord more deeply.
- For our Parish School as we enter this month of celebrating Catholic School's week.
- For all young people preparing for the sacraments of First Communion and Confirmation and those preparing to be fully initiated into the Catholic faith, that they be committed to and open themselves to the graces which will come through the reception of these sacraments.