

ST. BRIDGET CATHOLIC CHURCH LITURGICAL MINISTRY DRESS GUIDELINES

We are honored that you have answered the call to serve at St. Bridget Church as a liturgical minister. This role is vital to our liturgy and requires commitment, responsibility, and respect for the sacred environment by all those involved. Therefore, all liturgical ministers are asked to show respect, reverence, and honor to God by dressing and acting in manner which ultimately glorifies Him.

Because the focus of the congregation should be on the Mass and not on the liturgical minister, we ask that your general appearance be modest, simple, and neat in order to reflect the dignity of the role of one called upon to assist in the sacred liturgy. With this goal in mind, the Liturgy Committee – under the guidance of Father Harris – has created guidelines which we hope will provide an appropriate framework for our liturgical ministers and will assist our parish family in fostering a deeper respect and reverence at Mass.

Out of respect for the celebration of the Eucharist, liturgical ministers at St. Bridget are requested to dress in a manner that is appropriate and follow these suggested guidelines:

<u>Gentlemen:</u> dress slacks or clean jeans and a polo style shirt, button down dress shirt, sweater or plain t-shirt with sleeves. Suit or sports coat with or without tie.

<u>Ladies:</u> slacks, cropped pants, clean jeans, dress, or skirt (2 inches above the knee or longer), blouse, sweater or shirt with a modest neckline. Leggings are acceptable if worn with a skirt, dress or long shirt.

<u>Please avoid:</u> shorts, flip flops or slippers, very high heels as they are tripping hazard, spaghetti strap or strapless tops, excessively tight clothing.

Political buttons, wristbands, clothing etc. are not appropriate.

If you are still unsure of what is appropriate, ask yourself "Is my attire suitable for one who is ..."

- Proclaiming God's Word
- Distributing the Body/Blood of our Lord
- Greeting those who have come to receive the Word and Holy Communion
- Leading those present in song

If you have any questions or concerns, please do not hesitate to contact Barrett Grove in the church office. May God continue to bless all of us as we serve at the Altar of the Lord.

Barrett Grove
Coordinator of Liturgical Ministries

The Catechism of the Catholic Church states: "The Mass is at the same time, and inseparably, the sacrificial memorial in which the sacrifice of the cross is perpetuated and the sacred banquet of communion with the Lord's body and blood is made present," (CCC #1382). The Catechism also highlights the need to show outwardly, what we understand inwardly, about exactly what is happening at Mass. "Bodily demeanor (gestures, clothing) ought to convey the respect, solemnity, and joy of this moment when Christ becomes our guest" (CCC #1387).